

BAR HILL NEWS

November 2016; Issue 576

— UPCOMING EVENTS —



**MUM2MUM MARKET
NEARLY NEW SALE**
Saturday 12th November
from 1000–1200
at Bar Hill Village Hall
For stall bookings and enquiries:
T: 07850 219267 or
E: Cambridge@mum2mummarket.co.uk

**KNIT & NATTER
CHRISTMAS COFFEE MORNING**
Saturday 19th November from 10am in the Octagon
Everyone is very welcome.
Contact Sue Kenchington on 01954 780260.

ROSIE VAL & FRIENDS
Saturday 19th November at
Bar Hill Church at 7.30pm

Bar Hill Church invites you to an evening of Jazz, Blues, Swing, Rock and Roll and a bit of Glenn Miller.

£10 each plus light refreshments.

Come dressed for the event, bring the dancing shoes for an evening of fun and good music.

Be prepared to move and groove.

Suitable for everyone young at heart.

Please come and join us and bring your friends

Tickets available from Sue 01954 780260 or Malcolm 01954 488657 at £10 including light refreshments at the table with an option to purchase further food and drink. Accessories for the evening available at a modest cost.

Christmas Crafts
Saturday 26th November
from 10.30am–4pm in the Octagon.

You are welcome to join us for a day or half-day of festive crafts and lunch.

Morning session: 10.30am–1pm

Christmas Ploughman's Lunch from 1–2pm

Afternoon session: 2–4pm

Activities will include: card making, Christmas baubles, Christmas hanging decorations – and more.

This is suitable from Year 6 upwards. Each activity will be led by a "crafty lady" experienced in that craft.

Whole day: £4; Half day + lunch: £3.50.

Costs include lunch (to be booked in advance) with tea/coffee and biscuits before each session.

Each activity will be priced modestly to cover the cost of materials.

Please contact: Karen Austen 01954 781085 or Wendy Caton 01954 782041 by Friday 11th November to book your place and your lunch, as numbers will be limited.



COMEDY NIGHT
25th November from 9pm
at Bar Hill Sports and Social Club
Three acts – side-splitting fun!
Non-members welcome.

**BAR HILL
COMMUNITY
CHRISTMAS
MARKET**

**Saturday
3rd December**

10.30am – 2pm
In the Octagon & Church
CB23 8EH

— Entry is Free —

All profits go to community projects.

Refreshments with mince pies.

Soup & bread at lunch time

If you wish to be part of the market please contact

Karen Austen on 01954 781085.

e-mail: bar.hill.community.market@gmail.com

Facebook: Bar Hill Community Market.

CHRISTMAS FAYRE

3rd December 2.30–4.30pm at Bar Hill School

Come and meet Santa, eat some goodies and buy those beautiful hand crafted gifts for loved ones.

A variety of stalls and refreshments.

Meridian Theatre Presents

Housebound

A Short Comedy

By **Simon Mawdsley**; Directed by **Chris Avery**
at Bar Hill Church

3rd December at 8pm

Fiona and Bone (an odd couple if ever there was one) find themselves unexpectedly thrown together for a morning.

There's no way out... until a wasp buzzes in.

The play lasts around 35 minutes, and there will be lots of free tea, coffee and cakes to follow.

Any profits will be given to Bar Hill Church funds.

Tickets are £5 each – please ring Chris Avery on 01954 781233 or speak to Di Chapman to buy yours!

Deadline for December's edition:
15th November to bhneditor@yahoo.com,
or see page 2 or other contacts.

— BAR HILL RESIDENTS' ASSOCIATION —

2016-17 COMMITTEE:

Chair:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01954 782736	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Mike Nelson	01954 780772	6 Field View
Committee Members:	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp	hilary@whipp6.orangehome.co.uk	

BAR HILL NEWS:

Editor:	Jan Cundy	jan_cundy@yahoo.com	
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The objectives of the association are to act as an intermediary between residents and other parties, to keep residents informed of matters of importance and recreation in and around the village, and to promote the interests of Bar Hill. Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £16.50 per month and must be submitted by the 1st of the month prior to inclusion. These ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we publish Maxi and Mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space. Maxi ads (6cmx4½cm-9cmx6cm) are £8.50 per month; Mini ads (6cmx2cm-6cmx4cm) are £5 per month, and should be submitted by 15th of the month prior to their inclusion.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month. All telephone numbers without an area code are Crafts Hill (01954). All items can be submitted electronically on disc or to bhneditor@yahoo.com [a Word file is best, please] or hard copy via Parish Council Office.

— THE MAPLE SURGERY —

Tel: 01954 780442
www.mhmaple.co.uk

Out of Hours Emergencies call 111
(Cambridgeshire and Peterborough 111 Service)

Surgery Opening times:

Monday to Friday 8.15am – 6.30pm

On the day appointments: bookable by phone at 8.30am for the mornings and at 1.30pm for afternoons.

Midwife	Thursday	9.30am–12.30pm
Physiotherapist	Tuesday	1.00–4.30pm
Podiatrist	Wed. & Friday	8.45am–12 noon and 1.00–4.00pm

Orthoptist 2nd Tues/month 9.00am–12.30pm

Cambs Hearing Help 4th Tues/month 9.30–11.30am

Health Visitors (based at Longstanton): 01954 207612

Well Child Clinics: 3rd Tues/month 1.00–2.30pm
at the Children's Centre, Bar Hill (next to Primary School).

— BAR HILL HEALTH WALKS —

Free every Wednesday morning
Meet at Maple Surgery at 10.30am

Our walks are all weather (*in case of rain you will find us under the Church porch*), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short health questionnaire. Copies are available on the PPG noticeboard in Maple Surgery, and at www.walkingforhealth.org.uk.

Contact: Josephine Powell T: 07901 558108;
E: jopowell45@hotmail.com or Patricia Daniels
T: 07917 874402; E: danielsoohn@btinternet.com.

— WANTED —

Reception Class at Bar Hill School would be grateful for wellingtons – any colour – to fit 5–6yr-olds.
Please contact Jo Hall, 11 Almond Grove;
tel: 01954 780304

HAVING PROBLEMS WITH COMPUTERS OR NEW TECHNOLOGY?

The solution is to *Learn IT* with Laura. Professional and personal support and training in your home.
T: 07889 261282; E: info@learnitwithlaura.co.uk
W: www.learnitwithlaura.co.uk

— NWR —

**CONNECTING WOMEN WHO ARE
INTERESTED IN EVERYTHING
AND TALK ABOUT ANYTHING**



NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women of all ages, who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us, come along to one of our meetings – you would be very welcome.

10th Nov. – Telephone treasure trail;

24th Nov. – USA Presidents during the reign of Queen Elizabeth II. What was their finest achievement and the one thing they would prefer to forget?

8th Dec. – BREXIT or Bust? How are we feeling now?

The Bar Hill NWR group meets informally at 8pm in members' homes, on alternate Thursday evenings. We pay an annual fee of £20 and just £1.00 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Marie-The Last on 01954 780329.

NWR can also be found at www.nwr.org.uk.

Why not have a look!

— LOCAL WILDLIFE —

Please check wood piles and bonfires very carefully for hibernating hedgehogs before you set light to them this November 5th. Don't forget pets and other animals can also become fearful of bangs, flashing lights etc.

Check any piles of wood or garden refuse for hibernating hedgehogs before burning. Where possible re-site the pile on the day it is to be lit. If this is not possible, check carefully and then light from one side only so anything caught isn't surrounded by flames right away and has a chance of escape.

Hedgehogs often use wood piles as a safe, sheltered place to spend the winter. They usually hibernate from November to April, but check for wildlife all year round. Members of the tit family, like this coal tit, start to flock together as winter draws in. As nights become colder, birds and other wildlife can be seen preparing for the winter to come. Most of our summer visitors, such as the warblers and swallows, have left to begin their migration south. Resident birds become quieter and no longer fight over territories, returning to warm roosts each evening. Although this is a time when gardeners traditionally start to clear up, if you want to encourage wildlife, you could adopt a more natural approach. Leaving seed heads, especially on plants such as teasels, thistles and sunflowers, and allowing vegetation to die back naturally provides food and shelter for birds through the coldest months. Try to keep weeding to a minimum, but dig out pernicious weeds such as ground elder. Pull out any others by hand although you could try leaving those with more attractive flowers, especially if they are tucked away between shrubs.

— HAPPY HOURS —



Our Club meets most Mondays in the Octagon building of Bar Hill Church and runs from 11am until 3pm, with coffee, tea and light lunches. Our Winter lunch time menu starts in October and consists of soup and a roll or baked potato with butter (at £1.50 each) or filled baked potatoes (*cheese, tuna mayo or baked beans*) or a ploughman's lunch (at £2 each). Our aim is to provide friendship and companionship so why not come along and give us a try? You can have a good old natter, a game or two, or enjoy our other various activities. We would welcome new members.

Coming up in November and December:

7th Nov. AGM then Bingo and a quiz

14th Nov. Club members only – Happy Hours Birthday Party

21st Nov. Tinsel & Turkey day

28th Nov. Christmas card making & Christmas arts and crafts

5th Dec. Christmas sing-a-long

12th Dec. Club members only – Christmas Dinner

There is no meeting on 19th December,

26th December or 2nd January.

Happy Hours starts again on 9th January.

Anne Plumb, 01954 780364

BAR HILL SCHOOL — PTA

The next PTA meeting is 7th November at 7.30pm in the community lounge at the school. If you have any spare time, or ideas, please feel free to come along.

Running until 9th December is the annual Christmas Raffle. We are looking for donations – anything big or small, unwanted gifts, unused cleaning products, cash donations, chocolates or – the favourite: wine! All donations can be taken to the school, or contact Emily: em.spenceley@hotmail.co.uk and she will collect.

3rd December: Christmas Fayre 2.30–4.30pm

Come and meet Santa, eat some goodies and buy those beautiful hand crafted gifts for loved ones. With a variety of stalls and refreshments. If you'd like to have a stall there's still time.

Contact Karen Parker: tk.parker@btinternet.com.

9th December: End of term Discos

Reception, Year 1 & Year 2 – 6-7.15pm;

Year 3, 4, 5 & 6 – 7.30–9.00pm.

£2.50 a ticket from the school office, or on the door.

28th January: The Big Quiz – 7pm for 7.30pm start.

Teams of 8 max, £4.50 per head entry fee. Licensed bar. Please do not bring alcohol but bring your own snacks.

Prizes to be won! Please get your entrance form from the school office while you still can – the quiz always fills up quickly.

— BAR HILL BOOK CLUB —

Our next meeting is on Tuesday 22nd November at 7pm in the Fox, Bar Hill.

Please join our friendly group, we offer a lovely welcome, good company & great book choices.

Contact: sheilafarrar@hotmail.co.uk or 07920 558319.

— LETTER —

Dear Editor

I would very much like to thank the kind people who helped with my dog's rescue and safe return home when she was found lost and wandering in Appletrees. Holly can't speak for herself, so I am doing so on her behalf. Thank you.

Gill (Holly's Mum)

— WHIPPET BUS SERVICE —

From 14th November 2016, there will be changes to Whippet services 1, 1A, 3 / X3, 5, 21 and 114.

For full details and copies of the revised timetable, please contact Whippet services on 01954 230011.



Have YOU seen the
'Important Information for Dog Owners' on the Bar Hill website?
www.barhill.org.uk/pooh.php

U.K. BANK HOLIDAYS — 2017

Monday 2nd January	New Year's Day (<i>substitute</i>)
Friday 14th April	Good Friday
Monday 17th April	Easter Monday
Monday 1st May	early May bank holiday
Monday 29th May	Spring bank holiday
Monday 28th August	Summer bank holiday
Monday 25th December	Christmas Day
Tuesday 26th December	Boxing Day

— BAR HILL'S GOLDEN JUBILEE —

On 24th May 1967, the first residents moved into Bar Hill, occupying houses in Acorn Avenue. The year 2017, therefore, marks Bar Hill's 'Golden Jubilee'.

A full year of events is being planned and a broad outline has already taken shape. Crowning the year will be a 'bigger than ever' Fête on 1st July. Other events already planned include a celebratory dinner, a flower festival, a performance of the musical *Godspell*, and a weekend of events at the end of September.

A preliminary schedule will be published in December's Bar Hill News with a near-final version in February 2017.

Village organisations are asked to book a date for an event or events, however vague, for inclusion in the schedule. For more details, or to book a date, please contact me at 11 Almond Grove; tel: 01954 780304 or e-mail roger.hall90@ntlworld.com.

Roger Hall, Hon Chairman,
Bar Hill Residents' Association

FOR SALE

Next Coat – unworn – size 12/14.

Plum-coloured soft faux sheepskin: £15

Long cardigan coat: size 10/12. Plum-coloured: £10

Three pairs boots – unworn – size 6.

Black suede knee-high: (1) wedge heel zip-up; (2) chunky high-heel zip-up; (3) stiletto-heel ruched sides: £5 each

07802 720664

— NEIGHBOURHOOD WATCH —



Darker nights: Burglaries typically increase at this time of year and as I walk or drive round the village it bothers me how many houses are in total darkness, clearly shouting out 'I'm empty – I'm an easy target!'

So what can you do to protect your home?

- ✓ Have good external lighting – *burglars don't want to be seen snooping around.*
- ✓ Leave a radio on while you are out – *to make your house appear lived in.*
- ✓ Use timers to bring lights on – *but not only in the hall – who lives in the hall?*
- ✓ Look out of a front window at night eg before going to bed – *burglars know most of us don't do that once curtains are drawn.*
- ✓ Report any suspicions or concerns to the police on 101 – *the more reports the police receive the easier it is for them to build up a picture of possible criminal activity.*
- ✓ When you see a neighbour's house in darkness, share your concerns – *hopefully they will see their property with fresh eyes and realise how conspicuous it is.*

New PCSO: PCSO Bujar Mani is moving to new duties within the local police team and our new PCSO is Tony Martin. We thank Mani and extend a welcome to Tony.

Advance notice: Burglaries increased over Christmas last year so come to an event:— **Tuesday 6th December, 5.30–8pm in Bar Hill Church.**

- ✓ Crime prevention talk at 6pm
 - ✓ Speak with senior officers
 - ✓ Discuss local issues
 - ✓ Meet our new PCSO
 - ✓ Purchase security products at cost price
- Refreshments plus free donuts for the first 70 attendees!
I hope to see you there
Pam Vandy, NHW Village Co-ordinator

— MY FAIR LADY —

The Over Players are pleased to announce that
'My Fair Lady' is coming to Over
from Tuesday 30th May to Saturday 3rd June 2017
Why not come and join us?

We will be one of the first groups in the UK to perform this glorious musical in six years, as no-one has been able to obtain the licence – until now!

The Cinderella story about the Cockney flower girl Eliza Doolittle and the appealingly arrogant Professor Higgins is an endearing tale that charms audiences with its vivid characters and unforgettable songs, including: "Wouldn't It Be Lovely", "On the Street Where You Live", "I Could Have Danced All Night" and "Get Me To The Church On Time".

Wednesday 18th January 2017 – read-through 7.45pm,
Over Church Hall

Wednesday 25th January 2017 – auditions from 7.30pm.
Over Community Centre, The Doles, Over CB24 5NW.

Rehearsals will take place in the Church Hall on
Wednesdays 7.45–10 pm. Principals also on Thursdays.
For more information, please contact: **Christine Turner:**
01954 201218 or c.turner1@hotmail.com



BAR HILL PARISH COUNCIL

Sue Bell, Parish Clerk: 01954 780456

e-mail: bhillpc-1@btconnect.com.

Please note that the office is open to residents between 9am–11am

Monday, Tuesday and Wednesday. Visit our website: www.barhill.org.uk for updates on local matters.

Overgrown vegetation and obstructions:

Residents are reminded to look over their fence to ensure they have no vegetation growing out on the public paths and green areas. Homeowners are responsible for keeping these areas cut back to avoid obstruction and trip/personal injury to users. Domestic bins must also be kept off public areas and footpaths apart from collection day (i.e. usually Wednesday morning).

Autumn tree/hedge works:

The Council is pleased to advise residents that it has commenced the Autumn programme of cutting back vegetation and hedges. The tree survey has been done and is being reviewed by the Council in order to implement a 3 year plan.

Flood advisory service exhibition:

The proposed exhibition on Bar Hill Tesco Car Park this Autumn by the Flood Advisory Service had to be cancelled. Meanwhile do visit their website www.floodadvisoryservice.co.uk/.

The next full Parish Council meeting will be held on Thursday 17th November at 7pm in the Parish Council Office. Members of the public and press are welcome. There is an Open Forum at the start of each meeting for residents to put their views across. Minutes of the previous month's meeting are on the village notice board. Items for the agenda must be placed with the Clerk at least seven days before the relevant committee/meeting.

Handy telephone numbers:

Streetlights: 0800 253529 – give number of lamp post;
Anglian Water (water supply and sewerage): 03457 145 145;
South Cambs District Council: 03450 450500;
County Council (damaged paths and roads): 01223 717111;
Abandoned Tesco trolleys: Trolley Wise: 0800 3161241.

HAIR2U

Professional Mobile Hairdressing covering Bar Hill and surrounding areas. Call Caroline: 07843 238718



— LEAP AND LEARN NURSERY —

Providing a complete solution to your childcare requirements, Leap and Learn is dedicated to fulfilling all of your family's needs.

Based in Bar Hill for over 20 years, we offer unrivalled childcare and work every day to ensure that we are second to none.

We provide a complete range of childcare solutions which include:

- Nursery care from 3 months to 4 years
- School breakfast, lunchtime and after school care
- Holiday care academies
- Babysitting service
- Ultimate birthday party packages
- Wedding and events packages

W: www.leapandlearn.co.uk

FB: www.fb.com/leapandlearnuk

E: info@leapandlearn.co.uk • T: 01954 488081



BAR HILL SCHOOL

tel: 01954 273305; fax: 01954 273306;

e-mail: office@barhill.cambs.sch.uk

website: www.barhillschool.co.uk

With term well and truly underway, the adults and children at the school are working hard to reach beyond our already exceptionally high standards. Every member of the Bar Hill community can take part in this Improvement by:

- volunteering to work with children as a reader or support assistant for teachers;
- lending a hand to improve an aspect of the building or grounds surrounding the school;
- nominating us for £12,000 Tesco Bags of Help initiative. This will take no more than a few seconds to do and could transform an area of the school (see below).

We are delighted to tell you that Bar Hill School has successfully secured a grant of £8,000 which the Bar Hill community can grow to £10,000 or even £12,000 simply by voting for us at the front of the Tesco Bar Hill from 31st October to 13th November.

We intend to use the money to develop the outdoor area adjacent to the Middles classroom into a wonderful outdoor classroom and learning activity centre which will include log seats, den building equipment and an electronic weather station.

The additional money would enable us to buy a sail canopy to shelter the area, additional outdoor seating and equipment to enhance the children's problem-solving and team-working skills.

Delivery of this project will enrich our curriculum with greater outdoor education for our children from Reception to Year 6 plus other groups within our extended community.

As the saying goes, "it takes a whole village to raise a child" – we hope that the village of Bar Hill will continue to raise our children together by taking part in these support projects.

If anyone would like to come into school to have a look at the area and view our plans, please contact the school office or write to the school business manager at finance@barhill.cambs.sch.uk.

If anyone would like to volunteer to help with children in their learning, support teachers with their teaching or work with the site team to improve our buildings or grounds, please contact the office or write to the head at headteacher@barhill.cambs.sch.uk.

Yours sincerely

Dr Al Mistrano, Headteacher

— 8 O'CLOCK CLUB —

We are a women's group who meet on the first Thursday of the month in the lounge at the school. We have a variety of speakers as well as an annual garden party, birthday party and Christmas meal.

Our next meeting is on 3rd November. Our Christmas meal will be on 1st December.

If you would like further information please phone Barbara on 01954 204171, Adela on 01954 204265, Ann on 01954 204687, or come along to one of our meetings. We would be very pleased to meet you.

— Bar Hill Church —



Bar Hill Church belongs to several denominations, including the Church of England, the United Reformed Church, the Methodist Church, the Baptist Union and the Society of Friends. The Minister is **Charles Mather**, who may be contacted on charlesmather20@yahoo.com or tel: 01954 277119.

The church website is at www.barhillchurch.org.uk the Facebook page is at <https://facebook.com/barhillchurch> and our Twitter account is @BarHillChurch.

SERVICES FOR NOVEMBER

Everyone is welcome to attend our services which will be held at the following times:

Sun 6th	10am	Holy Communion
	6.30pm	Sing a new song
Sun 13th	8am	Holy Communion
	10.15am	Remembrance Service
	6.30pm	Re:boot (contemporary worship)
Sun 20th	10am	Holy Communion
	5.30pm	Teatime Worship
	6.30pm	Evening Prayer with prayers for Thruffle Way and Hollytrees
Wed 23rd	10am	Holy Communion
Sun 27th	10am	Café Church for the start of Advent
	6.30pm	no evening service

Totzone, Kidzone and Café Church take place during 10am services except during the All Together Worship Services. 10am services are followed by tea/coffee, and there is a Traidcraft stall selling a range of fairly traded products.

EVENT: Jazz Evening with Rosie Val
Saturday 19th November from 7.30pm.
Main Worship Hall.
Tickets £10 from Sue Kenchington on 01954 780260.
This event has been very popular in the past so get your tickets early!

EVENT: Remembrance Service
13th November at 10.15am
Main Worship Hall.
We will be welcoming the British Legion and Uniformed Organisations for this service, which will include **two minutes silence** at 11am. All are welcome to attend.



PRAYER FOR STREETS

Each month we pray for people in two streets and during November we will be praying for Thruffle Way and Hollytrees. If residents have a particular prayer request for themselves or their family they are welcome to e-mail Ginny on outreach@barhillchurch.org.uk



Traidcraft

Come and buy Fair Trade items from our Traidcraft stall each Sunday after the morning Service.

— GROUPS FOR ADULTS —

MUSIC GROUP



This group meets at 7.30pm most Friday evenings in the Church to practise the music for Sunday services.

If you sing or play an instrument, you would be very welcome to join us. For further details, please contact **Bob Chappell** on education@barhillchurch.org.uk



COFFEE STOP

Every Wednesday from 10am–midday in the Bar Hill Library.



Coffee, tea and biscuits are served at a modest price. A friendly meeting for all to chat with friends old and new. Contact Sue Kenchington on 01954 780260.



ART GROUP

Whether you are a complete beginner or an experienced painter, this group will give you a warm welcome on Wednesday afternoons

throughout the year from 1.30–4.00pm in the Church. Meetings are very informal, with occasional visits from tutors. If you are new to painting, materials are available to borrow to help you get started.

Contact Jan Hewins on 01954 201495.

ECO GROUP

Next meeting: Sunday 20th November at 11.30am in the TnT room.

Eco Group News – the group includes church members alongside other interested people from the village. We discussed progress with our application to gain an award from A Rocha's EcoChurch scheme, for churches in England and Wales who want to demonstrate that the gospel is good news for God's earth. The form is nearly ready to send off and we're confident of gaining a Bronze award. The process of filling in the application showed up areas in which we're doing well, and those we're not. **Campaigning for the Environment** – we decided to back Greenpeace's campaign to get plastic microbeads banned. These are tiny pieces of plastic in toiletries and cleaning products that are too small to be filtered, and end up in our rivers and seas. Once they enter our waterways, it is almost impossible to remove them – they can be eaten by marine life who mistake them for food, or simply settle to the bottom of the ocean, where they will probably never biodegrade. Several of us signed an online petition from Greenpeace, and Marguerite has produced information on getting hold of microbead free products. Waitrose are declaring their own products have never included microbeads. Do ask Marguerite, myself or Bob Chappell. Future plans include producing a Mini Wildflower Meadow beside the Octagon – volunteers to help will be welcome, and we are considering getting some of the church's toilets twinned with those in a developing country. Lack of toilets have a big environmental impact locally, as well as having serious health & safety impact on the local people. For further details, please contact Marguerite on ecogroup@barhillchurch.org.uk. [Eco News by A Littlefair]

— Bar Hill Church —



KNIT & NATTER

Thursday afternoons from 1.15–3.30pm
In the Octagon.

Christmas Coffee Morning.

Saturday 19th November from 10am in the Octagon.
Everyone is very welcome, whether to knit, or just to chat
and meet new friends.

For more Information, please contact Sue Kenchington
on 01954 780260.

HOMEGROUPS

Would you like an opportunity to meet with other
Christians for Bible Study and Prayer? Our homegroups
provide an informal but supportive environment.
Our present theme is "Fruitfulness on the Front Line".
For more information contact Bob Chappell:
education@barhillchurch.org.uk

— CHILDREN & YOUNG PEOPLE —

Cafe Church

On the first and third Sunday of each month the Children
and Young people meet together in the Octagon for
breakfast and worship and a learning activity
On the second and fifth Sunday of each month we have
Kidzone with activities for Primary aged children
Totzone (4 years old and under) meets each week in the
Meetings Room during the morning service.
On the fourth Sunday all ages meet together in the
Worship Centre for our All Together Worship service.

— YOUNG PEOPLE —

REBOOT

(2nd Sunday of the month)

This informal evening service, held from 6.30–8.00pm, is
for adults and young people. It begins with cake, biscuits
and drinks and uses contemporary music and format.

YOUTH SOCIALS

An opportunity to relax and play games (including Wii,
pool, table tennis) or themed parties on the first Sunday
per month from 7.15–9.00pm in the Octagon (school year
7–8s may be collected at 8:30pm).

FOR MORE INFORMATION about any of these
and other activities for children and/or young people,
please contact Heather at cyp@barhillchurch.org.uk

SEWING SERVICE



If you have a sewing job you don't fancy doing, call
Lynn on 01954 201113 – she can probably help.

— FAMILIES —



For pre-school and primary age children and their carers
meets on the 3rd Wednesday of each month.

Join us for a Bible story and related craft activities
followed by a simple meal.

The next Messy Church will take place on Wednesday
16th November.

For more information, please contact Heather at
cyp@barhillchurch.org.uk

TEA TIME WORSHIP

For pre- and primary age children and their families.
A new fun and noisy service, with songs, stories, puppets,
prayers and activities.

Sunday 20th November from 5.30–6.30pm.

Bring a picnic to eat together afterwards.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

The Catholic Church serving Bar Hill
Hills Road, Cambridge

Parish Priest: Rt. Rev. Mgr Eugene Canon Harkness
Tel: 01223 350787

Local contact: Bunty Waters Tel: 01954 201421
Mon., Weds., Thurs., Friday 8am & 12.15pm
Tuesday 8am & 7.30pm
Saturday 6pm: First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at
Cambourne and 6pm at The Octagon, Bar Hill.

Holydays of Obligation 8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass)

Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly
newsletter available at the 6pm Mass each Saturday.
Copies are also available in the Church Centre.

— BAR HILL VILLAGE HALL —

- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.



During the week we have the following groups and clubs:

Mon. Helene Taylor-Todd School of Dance	4–6pm
<i>(school term time only)</i>	
Mon. Craig Burns Bootcamp	6.15–7.15pm
Mon. Martial Arts	7.30–9pm
Tues. Shotokan Karate	6–8pm
Wed. Helene Taylor-Todd School of Dance	4–6.45pm
Wed. Danielle Fitness Classes Zumba & Pilates	7–9pm
Thur. Pilates <i>(school term time only)</i>	10–11am
Thur. Weightwatchers	7–7.50pm
Fri. Baby Sensory	10.30–12.30pm
Fri. Martial Arts	7.30–9pm
Sun. Bingo <i>(doors open 7pm)</i> Cash prizes	7.30–9pm

If you wish to book any of these facilities, or get more information, please call 01954 782414 and leave a clear message. We'll call back within 24 hours (Monday to Friday); or e-mail barhill.villagehall@btconnect.com

— SWAVESEY GP SURGERY —

58 Boxworth End, Swavesey CB24 4RA
T: 01954 230202 • www.swaveseysurgey.nhs.uk

— BAR HILL SPORTS & SOCIAL CLUB —



The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

What's on in November?

4th	Karaoke & Cocktails from 8pm
12th	Members' draw
25th	Comedy Night – 3 acts, side splitting fun from 9pm
26th	Members' draw
28th	Monthly quiz night

Looking Ahead...

16 Dec.	Ladies Night! Free cocktail and 1/3 off drinks for the ladies. Karaoke and dancing. From 7.30pm
17 Dec.	Christmas Raffle! Huge prizes to be won.
24 Dec.	Disco for Christmas Eve – with £250 cash draw.
31 Dec.	Disco for New Year's Eve with inflatable fun in the hall for the kids – and a £250 cash draw.

Non-members are very welcome to all these events.

Not a Member?

Join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. For further information, including opening times, visit our website: www.bhssc.org.uk or tel: 01954 781881, or join us on Facebook at Bar Hill Sports & Social Club.

— HEIDI ALLEN MP —

Autumn is upon us and the return to Parliament has started with a bang. I'm keeping a close eye on the new legislation. Through the Digital Economy Bill I want to explore whether we can legislate for all TV companies to provide subtitles. Also, a universal broadband standard could be transformative for the constituency. The Neighbourhood Planning Bill could set mandatory levels of accessible housing in all new developments, something our disabled and elderly residents know is often in short supply. If you have ideas regarding any of the new legislation, please do keep them coming.

A busy week in Parliament is always matched by busier weekends in the constituency! I visited a number of fundraising events – the Steeple Harvest Fair which I was delighted to open (and judge the children's fancy dress and dog classes!), Guilden Morden Food Fayre and the Orchard Manor Summer Fête. All had a great turnout. I've been meeting with local NHS organisations, including the incoming Chair and Chief Executive of the CCG, and attending the 250th Anniversary celebration for Addenbrooke's Hospital. It didn't surprise me to hear that Addenbrooke's was the first hospital to deliver bedside examinations; they continue to provide outstanding care for our constituency and I'd like to take this opportunity to place my thanks on record for the outstanding service they provide.

Since my last newsletter, I've visited Sawston Nursery to hear about the challenges of providing government funded childcare; Babraham CofE School; Reed Autos, Foxton, who aim to supply courtesy electric cars and bicycles, and who won the East of England Apprenticeships award for 2016; Gilead Sciences in Granta Park, who pioneer investigational drugs for cancer, HIV and hepatitis C.

I also met with Stephen Kelly, the new Joint director of Planning and Economic Development at South Cambs District Council. He is dedicated to improving his department and is determined to make planning fair and transformative for all.

You might have seen the new Constituency Boundary Proposals which came out in September. You can see what is suggested for South Cambridgeshire and have your say by visiting www.bce2018.org.uk.

As always, do get in touch with any issues. You're welcome to come to my "no appointment needed" drop in surgeries. The next dates are Saturdays 19th November and 10th December. Full details are on my website www.heidisouthcambs.co.uk/residents-drop-surgeries or drop me an e-mail at heidi.allen.mp@parliament.uk or call my office at 01954 212707.

RAYNERS OF BARTON

Sectional Buildings Greenhouses, Garages,
Workshops, Chalets, Log Cabins, Carports,
Summer Houses,

Sheds: Concrete, Steel or Wood,
Conservatories: Aluminium or Hardwood.

– DOUBLE GLAZING AT ITS BEST –
PVC-U or Hardwood Windows, Doors.

Lance Rayner, Top Field Farm,
16 Cambridge Road, Barton CB3 7AR
Tel/Fax: 01223 262888; Mobile: 07702 669026



Total Relaxation

at the farmhouse

*The Farmhouse
Gladeside
Bar Hill, Cambridge CB23 8DY*

01954 789 344
Gift vouchers always available

Aromatherapy, Massage
Indian Head Massage, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials,
Manicure & Pedicure, Gel Polish,
Minx Nails
Lash and Brow Treatments
St Tropez Spray Tan, Waxing
Hairdressing

email: total.relaxation@ntlworld.com
www.total-relaxation.co.uk

PEASGOOD & SKEATES

THE FAMILY FUNERAL SERVICE

*Personal care & attention
24 hours a day by local, qualified staff*

Traditional & Contemporary Funerals
Memorials
Pre-Paid Funeral Plans
Off Road Parking

617 Newmarket Road
CAMBRIDGE
CB5 8PA

Please call: (01223) 415255
www.peasgoodandskeates.co.uk

Village Vet



The vet your pet would choose

Longstanton

34 High Street, Longstanton CB24 3BS
01954 780027

Cottenham

66 High Steet, Cottenham CB24 8SA
01954 252122

Milton

26 Cambridge Road, Milton CB24 6AW
0845 500 4 24 7

24 hr emergency:
0845 500 4 24 7

www.villagevet.co.uk



AIRPORT CARS CAMBRIDGE



- Long distance journeys and airport transfers
- Non smoking, air conditioned executive cars
- Prompt, reliable and courteous door to door service
- 5 to 8 seater MPV for family holidays
- Cruise terminals & Eurostar
- Visit our website www.airportcars.uk.net

VISA



For the most competitive quote call:

01954 782822 / 07411 593527 jamesairportcars@gmail.com



Bar Hill Motors

20, Viking Way (next to Tesco's)

For all your car care needs



The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff
and equipment

Opening times

Mon. To Fri. 8.00am - 5.30pm

Sat. 8.30am - Noon

Closed Sun.

 **781132**

Alan's Carpets

- * Home selection Service
- * Over 40 Years Experience
- * **FREE** quotes - Priced right
- * Extensive range of Quality Samples
- * Room sized Roll ends - Carpets & Vinyl
- * Orders fitted within days, not months
- * Showroom now open at 1 Station Road, Swavesey

Save £'s
Discount
prices!

Alan Shrimpton

Phone 01954 232298 or 07790 544250

RedLocks
Locksmiths



**Locked out? All locks opened,
fitted, repaired and replaced**

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

SERVICING BAR HILL AND SURROUNDING AREAS

Student and OAP discounts

freephone 0800 8 247 047

t 01954 202818

m 07784 240 970

w www.redlocks.co.uk

e info@redlocks.co.uk



Bar Hill's Newspaper Delivery Service

**ANY NEWSPAPER, ANY DAY OF THE
WEEK DELIVERED TO YOUR DOOR BY
7.30AM.**

£1.50 – SATURDAY + SUNDAY

£2.00 – MONDAY TO FRIDAY

£2.50 – MONDAY TO SUNDAY

(PLUS THE PRICE OF YOUR SELECTED PAPER)

**SET UP IN 2011 WE DELIVER TO HOUSE-
HOLDS AND BUSINESSES IN BAR HILL,
OFFERING YOU A SIMPLE, RELIABLE
SERVICE FOR A GREAT PRICE.**

TEL: 07731307083

INFO@YOURLOCALPAPERBOY.CO.UK

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

- * FULL BATHROOM AND KITCHEN DESIGN & INSTALLATION
- * ALL ASPECTS OF FLOOR/WALL TILING
- * SUPPLY & FIT OR LABOUR ONLY
- * LAMINATE WOOD FLOORING
- * FREE QUOTATIONS AND ADVICE
- * QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR
PROPERTY MAINTENANCE REQUIRE-
MENTS

e-mail: dean.mills2@hotmail.co.uk

COULSON

SERVICES DEPARTMENT

01223 423800

- All forms of electrical works
- Heating installations and servicing
- General home improvements and maintenance
- All aspects of plumbing works
- Bathroom and wetroom refurbishments

enquiries@coulson.co.uk



KH Flooring services

Domestic & Commercial Installers & Suppliers

HOME SELECTION SERVICE

CARPETS / VINYL

Karndean / Amtico

**Altro safety flooring (wet rooms /
kitchens)**

Laminates and Wood Flooring

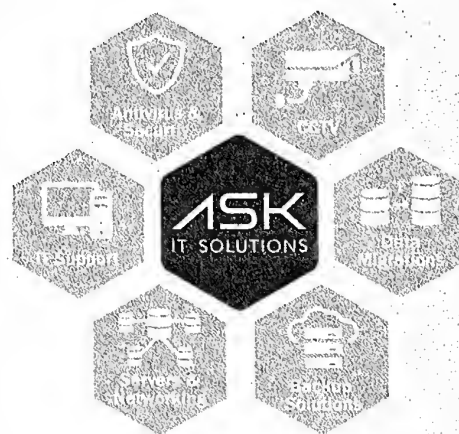
FREE Quotation No Obligation

EMAIL: flooringquotes@aol.com

CALL 01954 780570 9:00am-5:00pm

Mob: 07801542378 8:00am - 6:00pm day time

Bar Hill CB23 8TF



01954 266012

www.ask-itsolutions.co.uk
info@ask-itsolutions.co.uk

32 Church Street, Willingham, Cambridge, CB24 5HT

49. 24 11 24 24 24



**All Types of Electrical Installation, Maintenance
And Repairs Including testing and Inspection**

B₂ Bar Hili Resident 38 Years

- New Build Installations
- Rewires
- Extensions
- Smoke Detectors
- Lighting
- Power
- Security Lighting
- Call Outs
- Testing / Inspections
- Data Wiring
- Consumer Units
- Heating/Showers

Elecsg Reg No : EPP32673

CONSERVATORIES WINDOWS DOORS

FENSA
Registered Company

MOBILE: 07702 895673




TEL: 01954 789478

Bar Hill's local cycle centre

2 Thornton Way, Cirton (Just off Huntingdon Road)


- 🚲 Professional, knowledgeable and friendly service
- 🚲 Top quality, competitively priced repairs
- 🚲 Wide range of spares/accessories available
- 🚲 Cambridge's only 5 Star Magura Service Centre
- 🚲 Stockists of Magura Hydraulic brakes
- 🚲 Probably best range of commuting bicycles in town
- 🚲 Good selection of quality hybrid and mountain bikes
- 🚲 BMX and children's bicycles also available:

Giant, Hare, Mongoose, Huffy & Diamond Back.

-  Good quality secondhand cycles always available.
 Plenty of parking  Don't suffer from cramps, etc.

Cambridge Stockist of
GIANT

Quality for Resa

 276004

Come and visit us; we will make you welcome

KET
Kappa
Laminated
Topknot
Curtain
Synthetic
Woolen
Grass Broom
Squint
Timber
Spencer
Nylon
Harmon
Crystalline
Full
Water
Fruit
Steel Bolt
Whisper
Lowest Speed
Hate
Post-mortem
Miscellaneous
Municipal



LOCAL ELECTRICIAN

01954 789064

- Fuse Boxes
- Showers
- Extra sockets
- Lights
- Heating controls

PLUMBING
DOMESTIC 

stamp.electrical@ntlworld.com

GROUP FITNESS FOR ALL AGES

SHAPE N TONE

Mons 6.30pm-7.15pm, Church, Bar Hill
Weds 6.30-7.15pm, Church, Bar Hill

THE FITNESS CLASS

Mons 7.30-8.30pm, The Church, Bar Hill
Thurs 6.15-7.15pm, Oakington Pav

OVER 55S CLASS

Tues, 10-11am. The Church, Bar Hill
Frids 10-11am, Oakington Pav

£4.50 A CLASS / £36 FOR 10

CONCESS £3.50 A CLASS, £30 FOR 10

Call Simon on 01223 236945

or visit www.bodyinmotionpt.co.uk

Free First Class

Physic

Oakington Therapy Centre

Roger Giddings

Emma Bicknell

Osteopaths

Mike Salt

Sports Massage

01223 237459

www.physic.co.uk - to book online

76 Gilbert Road

Cambridge

CB4 3PD

Power Tool & Plant Hire, Sales & Repairs **M. P. Harvey 119-123 Middlewatch, Swavesey**

Tools for all your requirements: Decorating, building, gardening, breaking and DIY.

Service agents for: Black & Decker - Stayer - Ryobi - Elu - Fein - Dewalt Power Tools.

All other tools and small plant repaired, including Kangos, disc cutters and generators

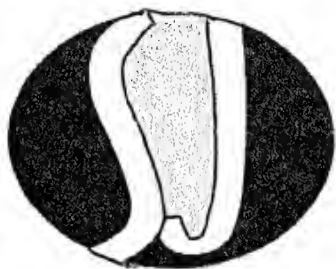
Open: Mon. - Fri. 8am - 5pm, Closed Wed. pm, Sat. - 8am - 12noon

Tool Hire:

Mixers, Compactor plates, Kango hammers, Floor sanders, Belt sanders,
Orbital sanders, Angle grinders, Drills, Saws, Carpet cleaner, Wallpaper steamers,
Tile cutters, Acrows, Mowers, Rotavators, Hedge trimmers, Pumps

*Adults & Children's
bouncy castles
now available*

 **206113**



Steve Jolley

Plastering & Tiling

6 Foxhollow
Bar Hill
Cambridge
CB23 8EP

Home 01954 780445
Mobile 07727 203626

T.N. Walsh (AIP-RP)
Plumbing and Heating

Tel: 01954 780252

Mobile: 07887 561525

All plumbing and heating work,
Acorn Avenue, Bar Hill, Cambs,
including power flushing
CB23 8DT

24 hour service...No call out charges!



23354



026851

Est. 1989

**ARCHITECTURAL
DRAWINGS**

FOR

PLANNING & BUILDING
REGULATION APPLICATIONS

NEW PROPERTIES, EXTENSIONS,
LOFT CONVERSIONS ETC

CONTACT US now to arrange a FREE on-site
meeting at your convenience to discuss your project.

ELY DESIGN GROUP

'Architecture By Professionals'

www.elydesigngroup.co.uk/bhn.php

Tel: 01353 649649 Mob: 07939 158482

mail@elydesigngroup.co.uk

AIR CONDITIONING • AIR COMPRESSORS • STEAM CLEANERS • WELDERS
GENERATORS • POWER TOOLS • WORKSHOP EQUIPMENT • TOOLS

ELLIOTTS
Masters in Machinery

Tel: 01954 20 20 20 Fax 01954 78 28 01

e-mail: sales@elliotts.co.uk www.elliotts.co.uk

Unit 44, Viking Way, Bar Hill, Cambridge, CB23 8EL



we've got your home improvements covered

PLUMBING & HEATING

fit a new boiler

upgrade your heating system

annual service for your boiler

BUILDING SERVICES

bathroom & kitchen installation

new build

home renovation



IJC is a family run Cambridgeshire business with
over 30 years experience.

We offer a comprehensive range of domestic
and small commercial works across all forms of
building, plumbing, heating and renewable services

call: 01954 782920

or visit: www.ijcbuildingservices.co.uk

45 Viking Way, Bar Hill, Cambridge, CB23 8EL

VOLUNTEERS FOR BLIND VETERANS UK

Could you spare an hour or two a week to befriend a blind veteran who has become isolated? Do you have an afternoon free where you could help a blind veteran with their food shopping?

We are looking for volunteers across the UK to help support our blind veterans. Whatever time you have to spare we can find an opportunity to suit you. We also provide training and support to make your time volunteering with us an incredible experience.

Contact Lisa Walsh: 07850 518431;

email: lisa.walsh@blindveterans.org.uk or visit blindveterans.org.uk/volunteer.

Blind veterans UK; Registered Charity No. 216227 (England and Wales) and SC039411 (Scotland)

HINCHINGBROOKE HOSPITAL DEBATE

Free public meeting – get involved

Monday 7th November from 7–9pm

at The Maple Centre, 6 Oak Drive, Huntingdon PE29 7HN
Hear both sides of the debate about the proposed merger between Hinchingsbrooke Hospital and Peterborough & Stamford Hospitals.

Healthwatch Cambridgeshire has invited leaders from Hinchingsbrooke Hospital and the Hands off Hinchingsbrooke group to share and debate their views for the future of the hospital. Both have accepted. You will be able to ask questions of both sets of speakers.

To find out more contact Healthwatch Cambridgeshire:

E: enquiries@healthwatchcambridgeshire.co.uk;

T: 01480 420628 or visit

www.healthwatchcambridgeshire.co.uk.

Community Interest Company no. 08516179

healthwatch
Cambridgeshire

— COMBERTON RAMBLERS —

Walking is good for your body, your mind and the environment.

For such a simple activity, the benefits are endless.

It's good for your health, it lifts your mood, it's a sociable activity and a great way to meet new people. It also counts towards the recommended 150 minutes of physical activity you should be doing each week.

Why not join the Comberton Ramblers? For further information contact Stella at: T: 01954 210049;

E: stella.ramblers@hotmail.com;

W: www.combertonramblers.org.uk

BAR HILL BABY AND TODDLER GROUP



This is held on Wednesdays and Fridays from 9.45–11.15am at the Octagon. It is for families and carers with children aged 0–4 years, with a variety of toys and activities for toddlers and pre-schoolers, and a

baby area with mats and age appropriate toys. Drinks and snacks are provided.

Prices: Under Ones – £1.00 (or FREE when paying for a sibling over one); Over Ones – £2.00.

Maximum charge per family/child-minder – £3.00.

Visit our Facebook page for details of future events.

— MAPLE SURGERY NEWS —

Tel: 01954 780442

www.mhmaple.co.uk

Practice Closure – Surgery will be closed on **Thursday 17th November** for Clinical Governance training. In an emergency, please call 111.

Introducing our In-House Pharmacist – we are delighted to welcome **Barbara Buckley** to the Maple Team. Barbara has over 30 years' experience in a variety of community pharmacies and GP surgeries and can help with many medication queries and minor ailments. From now on, where appropriate, patients requiring medication review will be booked with Barbara, allowing us to free up valuable GP time.

Flu Clinic – if you are eligible and have not yet had your flu vaccination, please call the Surgery to make an appointment.

Emergency/On the Day Appointments – please remember that morning emergency/on the day appointments may be booked from 8.30am, and afternoon appointments from 1.30pm.

Test Results – telephone requests will only be accepted after 2pm.

Shingles Vaccinations – from 1st September 2016, shingles vaccinations will be offered routinely to people aged 70, and, as a catch up, aged 78. You are eligible for the vaccine on 1st September after your 70th or 78th birthday. Anyone eligible for immunisation in the previous three years remains eligible until their 80th birthday: people aged 71, 72, 73, or 79 on 1st September 2016.

Free NHS Health Checks – if you are between 40 and 74 years and have not had an NHS Health Check in the last five years, please contact the Surgery.

Online Appointments and Repeat Prescription

Requests – registered patients can book GP appointments and order repeat medications on the Surgery website www.mhmaple.co.uk. Please call in to the Surgery with one piece of photo ID to obtain your username and password. We also offer online access to coded data in patient records, please call in for more information.

Repeat Prescriptions – please remember to allow two clear working days for your repeat prescription request to be processed. We are unable to accept medication requests by phone. You can order repeat medications on our website, via our dedicated e-mail:

maplesurgery.repeats@nhs.net or put your completed slip in the repeat prescription box.

The Maple Surgery Team

FOR SALE

Immaculate Bridal Gown

"Forever Yours" Size 14/16 – ex-display, never worn. Classic vintage-style – lustrous heavy satin, richly-beaded bodice with subtle sparkles, open lacework details to cap sleeves and skirt, sweetheart neckline, slightly open back, long train to match.

VERY flattering – truly gorgeous.

Please come with a friend to try on.

Guide price: £145. Call 07802 720664

— BAR HILL CHILDMINDERS —

Bar Hill Childminders work as a close network of childcare professionals who offer a warm, friendly and loving home from home environment. We use the comfort of our homes as a base and can also offer your children the opportunities of day trips and range of outdoor experiences and take part in local community events and groups without being confined to one place. We offer flexibility in the hours that we work to suit you and your child's needs with village rates, rather than having set session times.

Your child will receive focused and individual attention and care as we progress them through the EYFS curriculum. Child led play as well as structured and personally thought out activities will encourage them to grow and learn at their own pace taking in to account each child's individual needs.



Before/after school and holiday care for school aged children is available and leaves the stress out of your busy mornings and evenings.

We are Ofsted registered and inspected with 'Good' and 'Outstanding' inspection outcomes and are fully insured. We have access to childcare qualifications including level 3 in childcare. You can feel safe in the knowledge that we all hold Paediatric first aid certificate.

We welcome you to join us and have an informal chat at either of our friendly & inviting 'Little Bunnies' sessions, Tuesdays (£2 per child max £3, under 1's £1) & Thursdays (£2.50 per adult under 1's £1) in the Church Octagon 9.45–11.15am term time. Here we offer a wide range of sensory experiences, activities, stories, singing and more...

Childminders: (those with current vacancies are starred)

Melanie 01954 204496* (Tuesdays)
Terri 07846 018714*
Kirsten 07906 218070
Jacky 07718 447998* (5+yrs)
Kirsty 07584 168909
Mandy 01954 204223
Carol 01954 780238
Karen 07930 196319
Janine 07879 613731

— HEALTH AND WELLBEING CLUB —

Normally held on the second Tuesday of the month between 2–4pm in Tesco Community Room, the group focuses on all aspects of promoting and maintaining good health in every area.

We start with a chair based exercise activity followed by advice from one of Tesco's departments, such as opticians, Nutricentre, which can include samples of healthy food and demonstrations.

This is a unique and friendly group and is an ideal place to meet new people.

Next meetings: 15th November and 13th December.

For further information, contact Wendy Arrowsmith on 01954 781381 or Sue Kenchington on 01954 780260.



BAR HILL CRICKET CLUB

For details or Information about the club, call Paul Stimpson on 01954 201212 or visit www.barhillcricket.org.uk.

DO YOU WANT TO HAVE A SAY IN IMPROVING SERVICES FROM HEALTH OR SOCIAL CARE?



Cambridgeshire Alliance for Independent Living (CAIL) is a local independent charity that works to improve services by raising the voice of people living with all disabilities.

One of the ways we do this is by bringing people with all disabilities and carers (called independent members), health and social care teams, and voluntary sector organisations (such as Age UK, Voice Ability, Cam Sight and the Carer's Trust) together at 'Partnership Board' meetings. The Partnership Boards are opportunities for you to have your say about what is good about health and social care services, such as home care and day centres, and what you would like to improve or where you would like to see changes. Recent activities by the Partnership Boards include raising concerns about home care, which are now being examined closely by the county council, involvement in helping to develop a new carers strategy and involvement in the process for choosing organisations to run carers services.

Interested in getting involved? We are looking for independent members to join our boards. We offer full training and support, out of pocket expenses and reimbursement of travel. If you think you can help, please contact Leisha O'Brien, Development Officer at CAIL: E: leisha@cambridgeshirealliance.org.uk ;or T: 0300 111 2301.

To find out more, go to:

www.cambridgeshirealliance.org.uk.

— THE ALLOTMENT SOCIETY —



Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348. All other allotment matters should be addressed to: bhallotment@hotmail.com.

HINCHLIFFE BUILDING SERVICES

Local, Honest and Reliable

No Job Too Small

Free Quotes and Consultations

Floor & Wall Tiling; Painting & Decorating;

Driveways & Patios; Windows & Doors;

Fascia & Soffits; Roof Repairs; Fences & Gardens;

Install, Replace & Service All Locks.

Craig Hinchliffe T: 07944 609868;

E: hinchliffebuildingservices@gmail.com



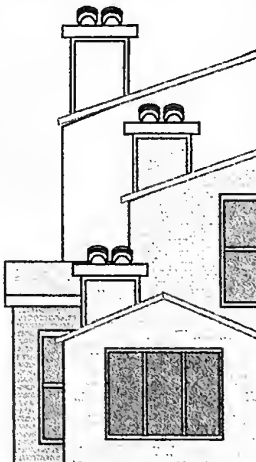
— A14 PUBLIC EXHIBITIONS —

Hopefully by now you will have seen local information from the public information exhibitions.

For information, go to www.gov.uk/government/organisations/highways-england.

EXPRESS ROOFING SERVICES									
5-10 year guarantees		Flat Roofing Specialists Emergency 24 hour Service Roofing for over 25 years * Insurance work * Guttering * Fascia Boards * Garages & Extensions * Re-roofing & repairs						Competitive Rates	
		<div style="border: 1px solid black; padding: 2px; display: inline-block;"> Prompt Reliable Service </div>							
		 01487 841008							
		Mobile 07860 680550 37 Greenfields, Earith							

<h1>King & Co.</h1> <p>Solicitors</p> <p>238, High Street Cottenham</p> <p>Tel: Cottenham 251818</p>		No Parking Problems
Opening Hours:- Mon. - Thur. 9.00 am - 5.00 pm Fridays 9.00 am - 4.00 pm		

<h2>J T Carpentry & Joinery</h2> <p>General Domestic Carpentry & small Building work, Kitchens, Bathrooms, Wardrobes, Doors, Architraves, Skirtings, PVCu & timber Windows, Decking, Security locks, Stud walls, Insulation, Glazing, Cupboards.</p> <p>City & guilds Apprenticeship served with over 40 years experience.</p> <p>Telephone 07846-847808</p> <p>www.johnnytnol.moonfruit.com</p>		
--	--	---

<h1>WE KNOW YOUR BUYER</h1>	Want to achieve the top price for your property?	<div style="border: 1px solid black; border-radius: 50%; padding: 10px; width: 100px; margin: 0 auto;"> A LOCAL AGENT WITH BUYERS & KNOW-HOW </div>
	can we help?	
	 01954 781 411 8am - 10pm every day haart.co.uk	
	haart BAR HILL	

UniPlumb



We offer a full range of plumbing and heating services including the following

- Full bathroom installation & tiling service
- Full central heating system installation
- Vented & unvented cylinder replacement
- Boiler installations / replacements
- Central heating power flushing
- Repairs & maintenance service
- Shower installation
- Water softener installation
- Underfloor heating
- Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services

For a free quote please call 01954 212553 or

email info@uniplumb.com

Alternatively

Visit our office at 117 Highfields Road, Highfields, Caldecote, Cambridge CB23 7NX



Cambs Property Bureau

Looking for a property to rent?
Want to rent out your property?
Call us on **01954 260200**

Email: enquiries@cpbm.co.uk
www.cambspropertybureau.co.uk

Address: Unit 9, Highgate Farm,
Over Road, Willingham
Cambs CB24 5EU

Your old 'G' rated boiler is wasting £450 a year

Installing a new British made 'A' rated boiler will improve comfort and reduce your fuel bills - the longer you leave it the more you will waste!

Call **Green Heat** your local trusted and recommended heating installer - better value than British Gas according to The Times.

Special offers for 2015



PHONE NOW FOR A FREE NO OBLIGATION QUOTATION

01223 277278

www.greenheat.uk.com



JASON KIRBY

*Professional Painting
& Decorating Ltd*

- All aspects of internal & external decorating undertaken
- Period, residential & commercial properties
- City & Guilds qualified
- Full public liability insurance
- For quality & reliability at competitive rates
- References available
- A local established business built on reputation and recommendations



Tel/Fax: 01954 211775

Mobile: 07966 174431

info@jasonkirbyltd.co.uk

Andrina Baldock

SAC Dip. FHPP FHPT
Foot Health Practitioner

Providing treatments in all aspects of
foot healthcare in the comfort of your
own home, including.....

Nail Cut • Callus •
Hard skin • Corn removal •
Fungal Infections • Athlete's Foot •
In growing Toe Nail • Orthotics •
Plantar Faciitis • Leg & Foot
Massage

To book your appointment, call
Andrina on

07966 571 686

or email

andrinab@btopenworld.com

Register for Foot Health Practitioners
Member

K & S SERVICES

Tel: 01954200869

Mob: 07548796094

All aspects of Carpentry and Joinery

Kitchen Fitting, Wall and Floor Tiling,
Fencing

Internal/External Painting and Decorating

Laminate and Wood Flooring

Bathroom Refits, Heating Systems

FRIENDLY & RELIABLE LOCAL SERVICE
QUALITY WORK GUARANTEED

PROBLEMS?

WITH YOUR EXISTING DOUBLE GLAZING

**DOMESTIC • COMMERCIAL
INDUSTRIAL
REPAIR & MAINTENANCE SERVICE**

- **WE REPLACE** Glass, Locks, Handles, Hinges,
Patio Door Wheels, Tilt & Turn Mechanisms
- **WE FIT** Window Opening Restrictors,
Cat Flaps, Fly Screens
- **WE SPECIALISE IN** New Conservatories,
Windows, Doors

**FREE
ADVICE /
ESTIMATES**



SECONDARY DOUBLE GLAZING ALSO AVAILABLE

the WINDOW & DOOR SURGEON


For a Friendly and Efficient Service Please Call:

Phone 01954 201944

Email: enquiries@wds.co.uk
visit www.wds.co.uk


2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE

WE DON'T PUSH... WE DON'T INAGGERATE ON PRICE... WE JUST SOLVE PROBLEMS



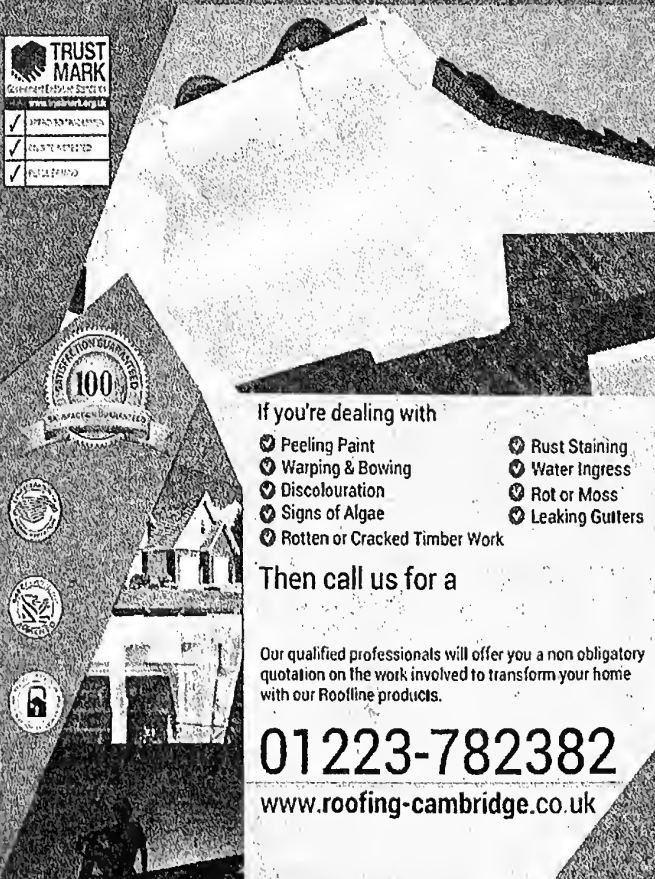
Roofline Specialists

Specialising in: Soffits, Fascias, Guttering & Cladding



TRUST MARK
Guaranteed Quality Service
www.trustmark.org.uk

- ✓ SPECIALISES IN
- ✓ QUALITY SERVICE
- ✓ POLICE APPROVED



100% SATISFACTION GUARANTEED
ON ALL WORK GUARANTEED

If you're dealing with

✓ Peeling Paint	✓ Rust Staining
✓ Warping & Bowing	✓ Water Ingress
✓ Discolouration	✓ Rot or Moss
✓ Signs of Algae	✓ Leaking Gutters
✓ Rotten or Cracked Timber Work	

Then call us for a

Our qualified professionals will offer you a non obligatory
quotation on the work involved to transform your home
with our Roofline products.

01223-782382
www.roofing-cambridge.co.uk

Skatz

HAIR DESIGN

and Bethan's Beauty Shop

Opening times:

Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

89 High Street
Longstanton
780909

New direct phone to
Bethan's Beauty Shop
789100

- ♦ We offer a full range of hair and beauty treatments
- ♦ Gift vouchers available
- ♦ Bio sculpture nail extensions and natural overlays
- ♦ KMS / Goldwell appointed salon
- ♦ New for the summer - St Tropez spraytan treatment
- ♦ Appointments not always necessary



P & P Home and Garden

Call 01954 782198 or 07954 372516

Email pphomeandgarden@hotmail.co.uk

www.pphomeandgarden.vpweb.co.uk

Friendly and reliable service carried out
by local mums

We tailor our services to suit your needs,
Fully Insured

We offer:

- Cleaning Service
- Washing and Ironing Service
- Lawn mowing Service

Weekly, fortnightly and monthly.
No job too small.



ENTIRE



The Complete Gas Heating and Plumbing Company

Plumbing • Heating • Gas
Bathrooms • Water Softeners
Property Maintenance

Tel: 01954 204044 • Web: www.entiregroup.co.uk

Email: service@entiregroup.co.uk

Are you in need of a chiropodist ?



For a professional service in your own home:-



201278

Christopher Bruckshaw MSSCh MBChA

A registered member of the British Chiropody Association

— COUNCILLOR NOTES —

Jean Hunter leaves South Cambs

I am sorry to report that our CEO Jean has left. An Interim has been appointed to give the Council time to recruit a permanent replacement, agreeing at a meeting of the Employment Committee in September that they will advertise externally to select from the biggest pool of talent available.

Deputy chief executive Alex Colyer took up the CEO role on an interim basis for up to nine months when Jean left on 21st October after six years at the helm.

The Council has already cut senior management by more than a third over the past four years.

Do you know what the services of South Cambridgeshire District Council include?

• concessionary fares • conservation service for buildings and countryside • council Tax and business rates collection • elections and electoral registration • environmental health • housing benefits • housing services • licensing • local planning and building control • refuse collection, recycling and street cleaning • support to sports, arts and community development •

Ring: 03450 450 500 to contact South Cambs for any of these services, or go to www.scambs.gov.uk.

Three people hit with flytipping fines

Fines in excess of £1,500 have been dished out to three men who dumped waste in the countryside around Cambridge – please report it if you see it!

Please contact your Councillors if you need any information, assistance, or have any comments:

Bunty Waters: T: 01954 201421/07734 690580;

E: bunty.waters@ntlworld.com

Roger Hall: T: 01954 780304;

E: roger.hall90@ntlworld.com

**TEAM MEMBERS NEEDED FOR
ARTHUR RANK'S ANNUAL CHRISTMAS
TREE COLLECTION**

The Arthur Rank Hospice is searching for volunteers to help with their second Christmas tree recycling scheme. This will involve everything from promoting the collection by leafleting between 27th December and 5th January, to driving across Cambridgeshire collecting old Christmas trees in a 'treasure hunt for trees' on 6th and 7th January. We hope to find generous supporters who will donate their vehicles (preferably with drivers) for the collection, but if you don't have a van, we can organise for you to join another team for the day.

The Christmas tree recycling scheme is a fantastically simple idea. Anyone who lives in postcode areas CB1, CB2, CB22, CB3, CB4 and CB5 and doesn't want the hassle of getting rid of their tree can register online at arhc.org.uk/treerecycling to have it collected by us. For a small donation, we will compost your tree. Last New Year we raised nearly £3,000 for our new hospice from this. If you would like to volunteer or are interested in offering sponsorship in some way, please contact Chloe by email chloe.christine-wallis@arhc.org.uk or on 07787 835158.

Keep an eye on arhc.org.uk or Arthur Rank Hospice's Facebook page during late November, December and January for information about how to register your tree to be collected.

— CAMBRIDGE OPEN ART EXHIBITION —

This will take place at Swavesey Village College on Friday 18th, Saturday 19th and Sunday 20th November.

With something for everyone – paintings, prints and cards to buy, creative activities for children, win-a-picture draw and an Interactive installation – this is a must-see event just before Christmas. The Preview Reception takes place on Friday 18th at 6.30pm and the Awards Ceremony will be opened by local MP Heidi Allen. Tickets are £5 available from SVC box office or you can buy online: www.ticketsource.co.uk/swaveseyvc. Free entry over the weekend with plenty of parking. Already established as one of the major art events of the year, local artists from Cambridgeshire and further afield were quick to respond to the 'entries open' call in mid-July. Visit the new website www.coax.org.uk. There will be over 300 works on display and no commission is taken on sales in order to keep prices well within the reach of pre-Christmas buyers.

The artists compete for the Cambridge Art Awards with a top prize of £500, runners-up awards of framing prizes kindly provided by Milton based HMC Framing and this year the Top Twenty chosen artists will go forward to a two week exhibition at the Babylon Gallery in Ely. COAX is completely self-funding, no public funding has been applied for and the voluntary organisation relies on local businesses for prizes and support. This year it will include a charity event in aid of Jahabeto Orphanage in Kitale, Kenya.

The pupils and staff at Swavesey Village College are involved in all aspects of raising the exhibition and this provides an excellent learning opportunity for the students, ranging from practical hanging arrangements, to meeting and discussing artworks with artists and acting the role of reporters and photographers interviewing judges and audience.

Please contact Arts Development Manager, Phoebe Monk at Swavesey Village College for more information – info@coax.org.uk.

— FOR SALE —

Dark pine two-door wardrobe with two drawers
19" deep x 34" wide x 69" high

£25.00

Call: 07734 690580 Bar Hill

— PARISH COUNCIL NOTICE —

Responsible owners clear up their dog mess.

Bin it or take it home.

Anyone found to be not clearing up after their dogs will be prosecuted and fined. The Parish Council takes this seriously.

Not only is it a nuisance but is associated with various diseases including toxocara canis.

The District Council has the power to prosecute and will send a team to clear up: www.southcambs.gov.uk 'Report It'

The Parish Council is looking to install additional bins to help alleviate the problem and welcomes suggested locations from dog owners.



Bar Hill Pre-School

Registered Charity No. 1090755
http://www.barhillpreschool.co.uk

— VILLAGE HALL —

01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect all the needs of our children.

We offer fully flexible care between 9am–3pm, for children aged 2–5yrs and are registered for Nursery Education Funding (NEF) as well as the government scheme 'Funded 2's'. Please get in touch with Sarah or Michelle to arrange an informal visit.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the area at the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us.

The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership

From September we are introducing Online Learning Journals where each parent can follow the development of their child in words and pictures via a secure login.

Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

— THE ROYAL BRITISH LEGION, BAR HILL BRANCH —

The Royal British Legion Bar Hill meets on the 4th Thursday of each month in the meeting room of the Octagon from 7.30pm.

We are a small friendly group of like-minded people. You don't need to have an Armed Forces background to join, just share a common cause of supporting our Service Community, now and for the rest of their lives.

DO YOU HAVE A DISABILITY?

Or perhaps you know or care for someone who does?
We might be able to help – for free!



Remap helps people of all ages with disabilities, to achieve greater independence and enjoy life more fully. This little girl can now ride her bike as our volunteers make one-off pieces of equipment such as the one in the photo.

Find out more at www.remap.org.uk or call our Cambridge branch: 01954 780551 or 01223 570860.

Registered Charity Number 113766.

— COUNTY COUNCILLOR REPORT —

All the County Council's service committees are now beginning their consideration of budget proposals for 2017–18. There is still a way to go until Council is presented with a proposal but budgets are currently framed on the assumption that the Council will levy the 2% allowed by Government for Adult Social Care but not increase its portion of general Council Tax. The Council has made £68m worth of savings over the last two years. Total savings required over the five year period [to 2021–22] of the business plan amount to £99m with £29m being required in 2017–18. Despite this, at this first stage some proposed savings have proved unacceptable to some service committees. Requests have been made to have grant funding for voluntary organisations and community transport reinstated. Both of these support community resilience which is a big part of the County Council's strategy for transforming the way it works.

The City of London Police, in partnership with Get Safe Online, has put together a *National Cyber Crime Survey*. Its purpose is to learn about people's awareness of online safety and experiences of cybercrime. The results will help police forces gain a better idea of the challenges they face. If you have a few minutes to spare please go to: <https://www.surveymonkey.co.uk/r/CybercrimeSurvey2016>.

October sees the 185th anniversary of the *Special Constabulary*. They are a much valued and well trained resource and in the 12 months to March this year, Specials worked nearly 10,000 shifts in Cambridgeshire, amounting to over 66,000 hours of duty. Times have moved on since the longest serving Special first started 37 years ago. He was given his uniform on a Tuesday, sworn in two days later and on football match duty that weekend. Given no training he was handed a truncheon, pair of handcuffs and a whistle! Today's Specials are properly trained to do the same job as regular officers.

Many parish councils and local community organisations have now installed life-saving defibrillators. Recently the Government has warned that a relative few have been shown to have a design fault and has urged that checks are made on the functioning of two types of widely distributed models made by the same US manufacturer: Physio-Control. The models which may be affected are Lifepak CR Plus or Lifepak Express.

If you would like to know more about what's happening at the County Council, please let me know and I will add you to the circulation of the full report I write monthly for parish councils.

Lynda, lyndaharford@icloud.com; 01954 251775/
07889 131022; follow me on Twitter: @2whit2who

AFFORDABLE PLUMBING



Fixed price small works:

- taps changed/repaired • ball valves changed • cisterns repaired/replaced •
- blockages cleared • outside taps installed •
- washing machine/dishwasher installation • radiators replaced • trv valves fitted/changed • existing sanitary-ware changed •

All at Affordable prices. Free no obligation quotes.
Contact Michael 07850 652838 or 01223 264658;
e-mail: affordableplumbing99@yahoo.co.uk

All work guaranteed. Fully insured.

THE BLOCK PAVING COMPANY

Installers of Drives & Patios

- individual block paving
- concrete setts
- paving slabs
- natural stone paving
- permeable paving

FREE QUOTATION WITHOUT OBLIGATION

Tel: 01954 205317

Mobile: 07850 919432

Email: sales@blockpavingcompany.co.uk

**34 Partridge Drive
Bar Hill
Cambridge
CB23 8EN**

www.blockpavingcompany.co.uk

IS YOUR BOILER READY FOR WINTER?



Sadly, colder weather is just around the corner, before you know it we will all be switching on the central heating. If you have been considering replacing an old inefficient boiler with a new high efficiency unit, now is the time to do it. Cut your heating costs this year, call IJC for a no obligation quote today.

Not looking to upgrade? Why not flush your heating system and update the controls for more efficiency and smaller bills.

call: **01954 782920**
or visit: www.ijcbuildingservices.co.uk



IJC is a family run Cambridgeshire business with over 30 years' experience. We offer a comprehensive range of domestic and small commercial works across all forms of plumbing, heating and renewable services.

Irena Spence & Co Solicitors

Mount Pleasant House
Huntingdon Road
Cambridge, CB3 0RN

Tel: 01223 713300

mail@irenaspencc.co.uk

Specialists in:
Residential & commercial
conveyancing
Wills & probate
Family/Matrimonial

Also at
5 Green End,
Comberton, CB23 7DY
01223 713300

A. Denton &

Painting & Decorating

High Quality



INDUSTRIAL

COMMERCIAL

DOMESTIC



102, Stonefield
Bar Hill
Cambridge
CB3 8TB

**01954
782472**



URBAN CAR COMPANY

QUALITY USED CARS

- ★ All Cars Multi Point Checked
- ★ Finance Arranged
- ★ Extended Warranties
- ★ Cars Bought for Cash

Your local car dealer owned by village residents who have all lived on the village for more than 35 years.

Viking Way, Bar Hill

TEL: 01954 782430

www.urbancarcompany.co.uk

R.PETCH . DECORATOR

Quality Workmanship since 1962

EXTERIOR PAINTING



INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

BAR HILL RESIDENT 1988 - 2004



TEL: 01223 861970

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com



Ash Croft Veterinary Surgery

HARDWICK

169 St Neots Road, Hardwick
Cambridgeshire, CB23 7QJ
Tel: 01954 210250

Monday - Friday - 8.30 to 10.30am & 4.30 to 7.00pm

Saturday - 9.00 to 11.00am

Sunday - 10.00 to 11.00am

PAPWORTH

Unit 1, Pendrill Court, Ermine Street North
Papworth Everard, Cambridgeshire, CB23 3UY
Tel: 01480 831615

Monday, Wednesday, Friday - 11.30am to 1.30pm

Saturday - 12.00 to 1.30pm

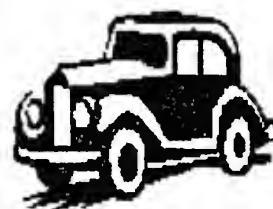
Consultations by Appointment Only

www.ashcroftvet.co.uk

Andy's Kars Ltd

For Quality Servicing & Repairs

6 Viking Way, Bar Hill, Cambridge CB23 8EL www.andys-kars.co.uk Tel: 01954 782666



In our fully equipped, modern workshop, we'll cater for all your MOT, Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles



Opening Times: Mon-Fri 8:00am to 17:30pm
Sat 8:00am to 12noon

**Honest advice with a smile,
we go the extra mile!**



— NOVEMBER BULLETIN —
CAMBRIDGESHIRE
FIRE AND RESCUE SERVICE

Fireworks and bonfires can be plenty of fun for all the family to enjoy. The fire service highly recommends going to an organised firework display instead of holding one at home. However, if you do use fireworks or light a bonfire at home, we would ask residents to take on board our safety advice to ensure it is just their fireworks that go off with a bang:

- Keep fireworks in a closed box and always follow the instructions.
- Light them at arm's length using a taper and stand well back.
- Never go back to a lit firework.
- Never put fireworks in your pocket or throw them.
- Don't light bonfires in unsuitable weather, particularly in windy conditions.
- Don't leave bonfires unattended.
- Build bonfires well clear of buildings, fences and hedges.
- Never use flammable liquids to start the fire, and never burn dangerous rubbish such as aerosols, paint, foam furniture, rubber tyres, and batteries.
- Before you light the bonfire, check that children and animals are not hiding inside and are a safe distance away.

For more information on firework and bonfire safety log on to www.cambsfire.gov.uk, follow us on social media or call 01480 444500.



— FRIENDS OF THE ROSIE —

The Friends of the Rosie Hospital are helping to make the Rosie a more comfortable environment for mothers and babies. If you have any toy stuffing or yarn we are in urgent need of your donation. For up-to-the minute information follow the Rosie in Stitches Facebook page.

Rosie in Stitches would like to thank customers at our stalls this summer. Our profit for 2016 is currently £600.

Upcoming Stall dates:

With gifts and ideas for Christmas – Tea Bar,

Rosie Hospital Outpatient Clinic

Monday to Friday 9am to 4pm

Saturday 4th November 10.30pm to 2pm

Bar Hill Community Market, The Octagon, CB23 8EH

Tuesday 22nd November 10am to 4pm

Outpatient Foyer, Addenbrooke's Hospital

Saturday 3rd December 10.30pm to 2pm

Bar Hill Community Market, The Octagon, CB23 8EH

Thursday 8th December 10am to 4pm

Outpatient Foyer, Addenbrooke's Hospital

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website.

Thank you for your continued support

MEET YOUR POLICE AND
CRIME COMMISSIONER.



Our Police and Crime Commissioner, Jason Ablewhite, holds surgeries across the county at which the public can book 15 minute slots for a face to face meeting about issues that concern them.

His next surgery will be on 8th November 1–3pm at Parkside Community Fire Station.

To book an appointment, contact the Commissioner's Office: E: cambs-pcc@cambs.pnn.police.uk

T: 0300 333 3456.

The role of a Commissioner is to:

- deliver an efficient and effective police service in their area.
- set the police budget and their crime objectives.
- issue crime and disorder reduction grants.
- hold the police to account, making them answerable to the public.
- support and, when necessary, challenge the Chief Constable.

If you have strong views or concerns, do take this opportunity to air them.

Pam Vendy

Neighbourhood Watch Village Co-ordinator

— WILDLIFE TRUST —

Huntingdonshire Local Group

There will be an illustrated talk on Farming for Wildlife will be the topic of an illustrated talk on Wednesday 9th November at 7.30pm.

The talk will be given by Nicholas Watts, who owns Vine House Farm in Lincolnshire, a traditional arable farm in the Fens. It will be held at Bampton Memorial Hall, Thrapston Road, Bampton PE28 4TB.

Anyone interested in wildlife is most welcome to attend either talk. Booking is not necessary. Entrance charge £2.50 (accompanied children free). Please contact Tim on 01480 457795 for more information.

ENJOY ENHANCED COMMUNICATION
WITH YOUR CHILD

Babies are naturally gestural – whether they reach up for a cuddle, bang on their highchair, or clap their hands in excitement, they are predisposed to interacting using their hands. Scientific research has proven that babies are born “connected”, meaning that are ready and able to interact.

At a “Sing and Sign” class, we teach carers signs through music, which entertains and stimulates the babies. Class sizes are limited to 12 to ensure a sociable and comfortable environment. Signs are mainly based on Makaton – the easiest for babies to understand and copy. Free Taster sessions and classes are available throughout the year at the Bar Hill Octagon and around Cambridge.

For more visit: www.singandsign.com,

E: singandsigncambridge@yahoo.com, T: 07732 380191.

COUNSELLING IN BAR HILL

Depression, Anxiety, Stress, Bereavement, Addiction, Couples etc.

Experienced counsellor practising at The Maple Surgery. Immediate appointments available. Telephone Mark on

07905 833288, E: info@thecambridgecounsellor.co.uk or visit www.thecambridgecounsellor.co.uk



Our popular Quiz Night is back...

2016 ANNUAL QUIZ NIGHT

Saturday 19th November from 6.30pm

at the Cambridge Rugby Football Club,

Volac Park, Grantchester Rd, Cambridge CB3 9ED.

The quizmaster has been prepping the questions and we have had a trial run!

Start your prep now – it's going to be a good night.

Tickets are £12 per person and include a curry meal*.

A cash bar will be open all night.

Doors open at 6.30pm when food will be served,

followed by the quiz starting at 7.30pm prompt.

Teams of up to 8 per team can be entered.

Tickets now available

To book please email info@ecfund.org

or text/call 07803 543992.

We look forward to seeing you all for a fun evening.

**Please note discounted tickets are not available if you decide not to eat, due to prior payment to the caterers.*

We hope you understand.

– OVER SURGERY NEWS –



Pharmacy update – your pharmacy team is: Eva Burditt, Superintendent Pharmacist; Kirsty Moore, Technician;

Magda Masiulanec, Dispenser; Makia Mohammad, Dispenser; Elaine Cavaliero, Dispenser; Trish Jenner, Dispenser.

Carolyn has left the pharmacy after working here for 22 years. We wish her well for the future.

We have vacancies for – two Technician/Dispensers: one position: 31 hours; a second: 32 hours. Job shares considered.

Flu vaccinations – if you have asthma, COPD, diabetes, heart disease or are pregnant then you are more at risk of severe respiratory infection, it's important that you receive a flu vaccination. Please make an appointment at reception as soon as possible.

The pharmacy can also provide flu vaccinations to those who are not eligible under the above criteria at a cost of £9. Please ask at the counter.

WILLINGHAM & LONGSTANTON – SURGERIES –

Willingham Reception: 01954 260230;

Longstanton: 01954 207600;

DISPENSARY NEW NUMBER: 01954 207602;

District Nurse Team: 01223 726469 (option 2);

Health Visitor: 01954 207612.

www.willinghammedicalpractice.nhs.uk

Out of Hours Care – please remember to phone 111 if you require medical attention when the surgery is closed.

Surgery Website – please take a look at our Willingham Medical Practice website as this has recently changed. We hope you find it useful, and we welcome feedback.

Flu Vaccinations – we have our flu vaccinations, so please book your appointment. It is recommended – and free – to all over-65s, pregnant women and patients who have a long-term medical condition, regardless of age. If you are unsure please ask.

Private flu vaccinations – are available at a cost of £10 for those not eligible for free NHS flu vaccination. Please ask in the pharmacy.

Flu vaccines for healthy children – the campaign to reduce flu in the community by vaccinating healthy children continues, and we have the nasal flu vaccinations (Fluenz) in stock. This winter healthy children born between 01/09/2011 and 31/08/2014 are eligible to receive this vaccination. Please contact the surgery to make an appointment.

Self-Care Medication – winter months are very busy for GP Surgeries, and it is very helpful if minor conditions can be treated with over the counter medicines. Here are some conditions that can be treated at home: • acute pain, such as headache; • management of coughs and colds; • reducing body temperature when there is a small increase; • treating one-off constipation and/or diarrhoea; • treating minor abrasions or irritated skin; • minor allergic reactions; • head-lice infestation; • treatment of oral or vaginal thrush.

Telephone Appointments – can be booked with Doctors. Many routine matters can be dealt with by phone. Please make sure that we have your correct contact number and that you are available to take the call.

Sharon Unwin, Manager

DOG WALKING

Crazy Dog Lady

Currently available on Wednesdays and Thursdays:
£10 per hour.

Please contact Sarah on 07913 690021.

I have a diploma in Animal Behaviour. DBS (formally CRB) checked. Insured with PetPlan Sanctuary.



optimumdetail.co.uk

"Bespoke detailing and car care"

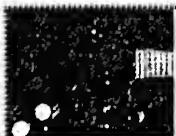
From full in-depth valets to specialist machine polishing.

Call today on 07717 231111 to discuss how

Optimum Detail can improve your vehicle's appearance;
or e-mail info@optimumdetail.co.uk

...did you know...

if you filled a matchbox with gold, it could be flattened into a sheet the size of a tennis court?



GUITAR & BASS TUITION

inc. Guitar Repairs

Phone
Steve Beaney

01954 260851

07929 888128

Norfolk In Focus

Photography workshops in the beautiful Norfolk landscape

Led by two experienced photography teachers, spend a whole day taking photographs and learning new photographic skills.

Next Dates

12th November 2016

11th February 2017

Visit www.norfolkinfofocus.com for further dates and contact information.

FINBOW FRAMING **(inc Warwick Fine Art Prints)**

We provide a local, friendly and bespoke framing service.
Framing for paintings, photographs, Tapestry, Certificates, Memorabilia etc

Warwick Fine Art Prints now have a stock of over 1000 antique prints and maps, many of Cambridge. These are available simply mounted or framed. We can also provide restoration work on damaged items.

Please feel free to get in touch with Julian on 07952 295861
www.finbowframing.co.uk
finbowframing@hotmail.com

Oakington Garden Centre

Large selection of plants, pots and garden sundries

Open:
Monday - Saturday 9am to 5pm
Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.
Tel. 01223 234818
Fax. 01223 236823
Email. oakingtongardencentre@hotmail.com



Jim Edwards

Gas appliances, Plumbing and Heating
Gas Boiler Service from £59

New Boiler Installations

Powerflushing service from £199

Bathroom Installations & Showers

Landlord Certificates & Gas safety checks

All plumbing work undertaken, local friendly service. Fully Insured.

01954 267054

07870520702

www.cambridge-plumber.co.uk

jlm-edwards@live.co.uk



Bar Hill Dental Clinic
Hanover Close, Viking Way,
Bar Hill
Cambridge CB23 8EH
01954 781616
www.cambridgedentist.co.uk
bhdc29@gmail.com

Complimentary consultation for
Cosmetic Dentistry
Teeth Whitening
Dermal Fillers
Botox

We are currently accepting children and adults with a valid exemption (eg. Income support, pension credit, pregnant etc) as NHS patients

NOT TOO NEAR, NOT TOO FAR
FOR INDEPENDENT FINANCIAL ADVICE

on investments, regular savings, pensions, life cover, inheritance tax planning etc

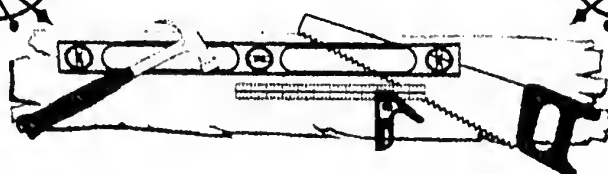
Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge, CB24 8RX

Tel 01954 251521

Email: Bolitho@enterprise.net

Authorised and regulated by the Financial Conduct Authority



DAVID HUMPHREY

CARPENTER & JOINER



01480 432275

Mob: 07788 428680

Fax: 01480 451566

In need of any work doing around
the home, but haven't got time to do it ?

Then look no further ...

- ★ Carpentry & Joinery
- ★ Windows & Doors
- ★ Exterior Finishes
- ★ Roofing
- ★ Home Security
- ★ Conservatories
- ★ Loft Conversions
- ★ Home Extensions

No job too large or too small
Quality work at realistic prices

Rothwell's
Carpet Cleaning

Carpet Cleaning

& Stone Floors, Upholstery, Rugs
A few points that make us stand out

Rothwell's has been in business since 1993
We're an honest local family firm.
Our large truck mounted machines mean
more cleaning & drying power for excellent
results.

Members of both the NCCA and TACCA.
We will move the furniture.
100% satisfaction or it's FREE.



Call Oliver and Max Campbell
for expert help today.

01223 832 928 www.Rothwells.biz

M&M

Heating & Building Services

Full Gas and Oil Boiler Installation
Full Heating Systems
Boiler Servicing and Landlord Certificates
Power Flushing
Full Bathroom Design and Installation
All Plumbing Works Large and Small

Extensions, Alterations and Repairs
Refurbishment and Renovations
Kitchen Design and Installation
All Carpentry Works
All Building Works Undertaken
Painting and Decorating

01223 691599



Mob: 07766 281962/07832 261791

info@mandmheating.co.uk • www.mandmheating.co.uk



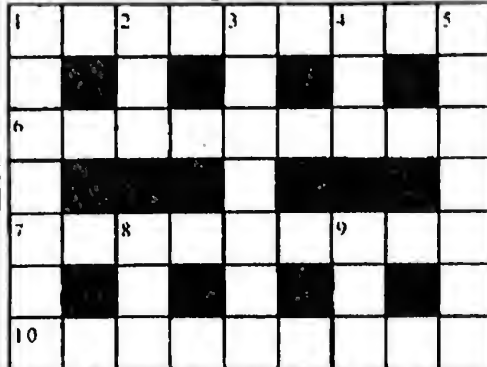
10 SOUTH ROAD, IMPINGTON, CAMBS. CB24 9PB

— NOVEMBER CROSSWORD —

Just add vowels:

Across: 1. Cmbtrn. 6. Cttnhm. 7. Nwmrkt.
10. ttrng.

Down: 1. ccnt. 2. MT. 3. lvt. 4. th.
5. nm (4) tg (3). 8. wt. 9. k.



SOLUTION FOR OCTOBER

Across: 1. carpaccio. 6. astronaut. 7. curry
comb. 10. September.

Down: 1. archery, 2. ran, 3. butcher, 4. tub,
5. creased, 8. rna, 9. nfu.

— BIN COLLECTION DATES —

Weds. 2nd Nov. black bin
Weds. 9th Nov. green and blue bins
Weds. 16th Nov. black bin
Weds. 23rd Nov. green and blue bins
Weds. 30th Nov. black bin
Weds. 7th Dec. green and blue bins

BAR HILL, A SOCIAL HISTORY, 1949–2004

by Roger Hall

A4 format, with many old photographs of
the village, 216 pages. Copies, price
£10.00, are still available from the author
at 11 Almond Grove, Bar Hill.
01954 780304, roger.hall90@ntlworld.com

S. DYE

For all your Painting & Decorating needs.
Please call 07806 629972 or 01954 230484

— USEFUL TELEPHONE NUMBERS —

Out of Hours Medical Emergencies		111
Police Non-Emergency		101
Allotment Society	Rob Lawrence	07788 590348
Bar Hill Church	Minister: Charles Mather	01954 277119
	Church office	01954 206120
Bar Hill School		01954 273305
Bar Hill Cricket Club	Paul Stimpson	01954 201212
Bar Hill Sports & Social Club		01954 781881
Cambridge Fire & Rescue Service Helpline		0800 917 9994
Coffee Stop, Knit & Natter,	Sue Kenchington	01954 780260
Holiday@Home		
Community Car Scheme		07496 465330
Community Market	Karen Austen	01954 781085
Conservative Party	Iris Lay	01954 205265
County Councillor	Lynda Harford	01954 251775
		07889 131022
Councillor, Parish Council,	Bunty Waters	01954 201421
Residents' Association,		07734 690580
Bar Hill News Advertising		
Councillor, Parish Council,	Roger Hall	01954 780304
Residents' Association		
Happy Hours	Anne Plumb	01954 780364
Health Walks	Josephine Powell	07901 558108
	Patricia Daniels	07917 874402
Heldi Allen MP	Office	01954 212707
Liberal Democrat Party	Andy Pellew	07814 871752
Library – renewals & enquiries		0345 0455225
GP Surgeries	Maple	01954 780442
	Over	01954 231550
	Swavesey	01954 230202
	Longstanton	01954 207600
	Willingham	01954 260230
(NEW NUMBER) Willingham & Longstanton Dispensary		01954 207600
Neighbourhood Watch	Pam Vendy	01954 201001
Over Day Centre	Sarah Peck, Manager	01954 231807
Parish Council Office	Sue Bell, Parish Clerk	01954 780456
Post Office		01954 789285
Pre-School		01954 782892
Royal British Legion,	Wendy Arrowsmith	01954 781381
Health & Wellbeing at Tesco		
Samaritans		01223 364455
Swavesey Village College		01954 230366

BICYCLE REPAIRS & SERVICING: 07914 655086

— NOVEMBER PUZZLE —

Form nine, nine letter hats, in groups of three letters, in alphabetical order.

A	C	L	E	S	S	O	A	F
A	R	L	G	L	E	O	C	K
A	S	T	H	A	N	R	A	K
A	V	A	H	E	A	R	A	M
B	A	L	I	E	S	R	R	Y
B	I	L	I	L	L	S	T	A
B	L	E	I	P	E	S	T	O
D	D	R	L	Y	C	S	U	G
D	U	N	N	G	A	V	E	P

Solution for October: BEETHOVEN, BERNSTEIN, DONIZETTI, MAYERBEER,
OFFENBACH, PAISIELLO, PERGOLES, SCARLATTI, SCHONBERG.

RESIDENTS' ASSOCIATION



Interested
persons are
always
welcome at
Residents'

Association meetings.
They are usually held on the
first Tuesday of the month
at 8pm in the Parish Council
office. Next meetings:

1st November,
6th December
& 3rd January.

— EVENTS CALENDAR —

date	event	where	time
31 October	Happy Hours – scary food (page 3)	Octagon	11am–3pm
31 October	Halloween Display (page 1)	12 Appletrees	6.30pm
31 Oct.–13 Nov.	Vote for Bar Hill School (page 5)	front of the Tesco Bar Hill	
3 November	8 O'clock Club (page 5)	Bar Hill School	8pm
4 November	Karaoke & Cocktails (page 8)	BHSSC	8pm
5 November	Community market (page 3)	Octagon	10am–2pm
7 November	Happy Hours – AGM, then Bingo and Quiz (page 3)	Octagon	11am–3pm
9 November	Wildlife Trust talk on farming for wildlife (page 25)	Brampton	7.30pm
12 November	Mum2Mum Market nearly new sale (page 1)	Village Hall	10am–12md
13 November	Remembrance Service (page 6)	Church	10.15am
14 November	Happy Hours – Birthday Party (members only) (page 3)	Octagon	11am–3pm
14 November	Changes to Whippet Bus Services commence (page 4)		
18–20 Nov.	Cambridge Open Art Exhibition (page 21)	Swavesey Village College	
19 November	Knit & Natter Christmas Coffee Morning (page 1)	Octagon	10am
19 November	Rosie Val & Friends (page 1)	Church	7.30pm
19 November	Elizabeth Coteman annual quiz night (page 26)	Cambridge Rugby Club	6.30pm
21 November	Happy Hours – Tinsel & Turkey day (page 3)	Octagon	11am–3pm
22 November	Bar Hill Book Club (page 3)	The Fox	7pm
25 November	Comedy Night (page 1)	BHSSC	9pm
26 November	Christmas Crafts (need to book) (page 1)	Octagon	10.30am–4pm
28 November	Happy Hours – Christmas arts and crafts (page 3)	Octagon	11am–3pm
28 November	Monthly Quiz (page 8)	BHSSC	
3 December	Bar Hill Christmas Community Market (page 1)	Octagon & Church	10.30am – 2pm
3 December	Bar Hill School PTA Christmas Fayre (page 1 & 3)	School	2.30–4.30pm
3 December	"Housebound" play from Meridian Theatre (page 1)	Church	8pm
5 December	Happy Hours – Christmas sing-a-long (page 3)	Octagon	11am–3pm
6 December	Neighbourhood Watch evening (page 4)	Church	5.30–8pm
9 December	Christmas Fayre at Over Day Centre (page 30)	Over Day Centre	2pm



OVER DAY CENTRE — CHRISTMAS FAYRE —

Get into the spirit at our Christmas Fayre from 2pm on Friday 9th December at Over Day Centre.

Stalls include Christmas Items, Jewellery, Craft Items, Cake Stall, Tombola and a Grand Raffle Prize.

Come and join us for a cuppal

Over Day Centre, 1 Drings Close, Over CB24 5NZ.



— BAR HILL COMMUNITY CAR SCHEME —

This scheme is aimed at the residents of Bar Hill who don't have access to a car and struggle with using public transport.

It costs only 30p per mile, with a minimum charge of £3.00 per journey. Our drivers are fully insured. Once a journey is booked (07496 465330), a volunteer driver will collect you and take you home after your appointment.

If you would like to volunteer, know of someone who would benefit from this scheme, or want to know more about it, please get in touch with Jane Johannessen, Community Development Officer, Care Network, on: T: 01954 211919; E: jane.j@care-network.org.uk



BAR HILL FOOTBALL PROJECT

3G Astro facility available for hire in Bar Hill. For more details contact Julie Marin, Bookings Secretary, 01954 781838 or 07770 687437.

— ABANDONED BICYCLE —

Who has abandoned a bicycle and padlocked it to a tree on the opposite side of the perimeter road between the Spinney and Field View?

If it is you, please find the key and remove it as it has been there for several weeks.

— STORYTIME AT BAR HILL LIBRARY —

Stories and pictures, rhymes, songs and craft activities from 10.30am at Bar Hill Library, on the second and fourth Saturdays in November.

Storytime is an event for children of pre-school age and their older brothers and sisters who are accompanied by an adult. In each session there are usually illustrated stories, a few songs and a craft activity. The children – and the adults – make things, have fun with stickers and colour pictures. This free event opens up the treasure that books present and reveals to young children what is to be gained from learning to read. There is no need to book; just come along.

did you know... 14th March is 'save a spider day'?

— BAR HILL DOGS CALENDARS —

will be on sale at Bar Hill Community Market on 5th November.

You can also order copies from Sarah Austen:

E: saz_austen2005@hotmail.co.uk; T: 07913 690021.

£5 per calendar.

All profits to Hearing Dogs for Deaf People.